



Wainuiomata Primary School

Term 3, Week 8 2023

Dear Parents/Caregivers – Malo e lelei

This week is Tongan Language week.



This year's theme for Uike Kātoanga'i 'o e lea faka-Tonga | Tonga Language Week is 'E tu'uloa 'a e Lea faka-Tongá 'o ka lea'aki 'i 'api, siasí (lotú), mo e nofo-'a-kāingá, which means

the Tongan Language will be sustainable if used at home, church and in the wider community.

The word TU'ULOA in the theme this year means to continuously grow, nurture, and sustain a valued idea, practice, event, or memory in an enduring way. This year's theme focused on the importance of using lea faka-Tonga. It impresses the need not only to understand lea Faka-Tonga, but to also use it as much as possible at home, church and wider community. When you are proud of your language and can speak it, you will also be more grounded in your identity as a Tongan.

Some online events and activities will be available and streamed online on the official [NZ Tonga Language Week Facebook page](#).

We have been showcasing our children's learning and school news more and more on Facebook. If you haven't already, please check it out. It was great seeing all the wonderful costumes from Book Week – thank you Rebecca Whitehead for posting them.

Our Dance splash students have been busy practising their routine for their performance on Thursday 14 September at 5:00pm.

A reminder that the school is not selling tickets this year and all tickets must be purchased via the Ticketmaster website www.ticketmaster.co.nz.

I would like to welcome Kotiro and her whānau to our school.

School Assembly

A reminder that there is a school CARE assembly this Friday 8 September at 10:30am. Parents and whanau are most welcome to attend.



Happy Birthday



Best wishes to these students whose birthday was last week or is this week: John, Ruby and Aiden.

Fundraising – JUCIES - We have a limited number of Juicies available for sale. Please write your child's name and room number on a piece of paper and send with \$2.00 to the school office. Jucies will be available Friday just before 3.





Roll Review for 2024:

We need to ensure we have the best possible information about enrolments for 2024. Please contact the school office if you have, or know of, a child or children who will be starting at Wainuiomata Primary School in 2024. We need to have their names and dates of birth. Thank you for your help.

Medication at School

If your child needs medication during school hours there are procedures that need to be followed. The medication must be taken to the school office where a form can be completed and signed. Please do not give it to your children to keep in their bag.



Important Dates

- Thursday 7th September – Tumeke Day
- Friday 8th September - Onesie Day – Wellington Free Ambulance
- Tuesday 12th September – Yr 3 and Yr 4 Rippa Rugby
- Thursday 14th September – Dancesplash

Hei konei ra - Kind regards

Allison Burdon

Allison Burdon

How to keep your child safe online – *Information from the UNICEF website*

5 ways to help keep your child's online experiences positive and safe.

As your child grows, it is likely they are spending more and more time online.

There are so many positive things about being online like staying connected with friends and family, pursuing interests,

and being part of communities. But it is not always a safe and positive experience for children.

Here's how you can help your child maximize all the good things the internet and digital technologies have to offer, while protecting them against potential harm.



1. Set clear ground rules



Have honest conversations with your children about who they communicate with and how, and who can see what they post online. Explain that anything that goes online – pictures, videos, comments, things they share with others and what others post and share with them and about them – leaves behind a trail of information about them. To make sure they are leaving a positive “digital footprint,” they should be mindful about what they do and say online.

Make sure they understand that discriminatory or inappropriate contact is never acceptable. No one should spread rumours or share hurtful or embarrassing stories or photos. What may seem like a harmless joke to one person can be deeply hurtful to others.

If your child experiences something online that makes them feel upset, uncomfortable or scared, encourage them to tell you or a trusted adult immediately.

Children often ‘know’ the perpetrators of online harassment or abuse, so it is important to help them to be alert and know how to respond to any problematic behaviours they encounter online.

Work with your child to establish rules on how, when and where to use devices.

2. Use technology to protect them

Check that your child’s device is always updated and running the latest software, and that privacy settings are on and configured to minimize data collection so that people do not see any information that you do not want them to see.

Help your child learn to keep personal information private. If your privacy settings are not secure, anyone can see your information.

Keep webcams covered when not in use. For younger children, tools such as parental controls like safe search, can help keep online experiences positive.

Be cautious of free online resources, including educational ones. If your child is asked to provide a photo or their full name, be sure it is a trusted website.



3. Spend time with them online



Create opportunities for your child to have safe and positive online interactions with friends, family, and you. Connecting with others can be an excellent opportunity for you to model kindness and empathy in virtual interactions. Help your child recognize and avoid misinformation and disinformation, age-inappropriate content and content that can potentially cause anxiety or other harm. Introduce them to trustworthy sources of information.

Children can be exposed to advertising that may promote unhealthy foods, gender stereotypes or age-inappropriate material. Help them to recognize online ads and use the opportunity to explore together what is wrong with some of the negative messaging you see.

Spend time with your child to identify age-appropriate apps, games, and other online entertainment. Be alert for apps that may have harmful content or pose privacy risks.

4. Model healthy online habits

Promote positive online behaviour by practicing it yourself. Be mindful of the example you set and what you share online about your child, including their photos and videos.

Encourage your child to be kind online and to support friends and family by sending positive messages or emojis.

If they have classes online, encourage them to be respectful of others and to be mindful of what can be seen on camera to maintain privacy.

Be alert if your child appears to be upset or secretive with online activities.

Reassure them that experiencing abuse or harassment is never their fault and they shouldn't keep it a secret.

Familiarize yourself with their school's digital learning policies. Seek out local helplines and resources for the latest issues in keeping children safe online and how to report cyberbullying or inappropriate content. (In NZ cyberbullying can be reported to Netsafe)



5. Let them have fun and express themselves



Spending time online can be a great opportunity for your children to be creative, learn, use their voices to share their views and support causes that are important to them.

Encourage your child to use resources on the internet to help them get up and get moving, like online exercise videos for children and video games that require physical movement.

Remember to balance online activities with an active lifestyle and offline recreation for a healthy balance in all aspects of life.