



Wainuiomata Primary School

Term 2, Week 5 2023

Dear Parents/Caregivers – Talofa, Greetings, Kia Ora,

Thank you to everyone who supported our Pink Shirt Day last Friday. We raised \$144.70 which we have sent off to the Mental Health Foundation.

We have another themed Friday this week with Funky Friday. We hold Funky Friday every year around this time as it is important that we replenish our Civil Defence supplies. Children are asked to wear their funkiest of outfits and bring a can of food. It is a good opportunity to check your whānau supplies and check that your civil defence contacts are up to date with the school.

Please remember that in a civil defence emergency we can only release students to their parents or nominated civil defence contacts. A form to update your civil defence emergency contact details will be sent home with your child this week.

This week our junior classes start their swimming programme at Huia Pool. Children will be bused to and from the pool. A copy of the timetable is included with this newsletter. Please note that one class each day will remain at school and will NOT be swimming.

Board of Trustees Survey





As a school we have been reviewing our school vision and are changing it to:

Tiaki ana tatou – CARE for all

We want all our students to leave our school understanding and demonstrating our values:

- Co-operative - Awhiatu
- Active Learner – Kaha ki te ako
- Respect - Whakaute
- Encouraging - Aki

Staff have developed statements for each of our CARE values, so we have a consistent understanding of what is meant by CARE at Wainuiomata Primary School.

CARE <small>Manaakitanga – Whanaungatanga – Kotahitanga</small>	CARE <small>Manaakitanga – Whanaungatanga – Kotahitanga</small>	CARE <small>Manaakitanga – Whanaungatanga – Kotahitanga</small>	CARE <small>Manaakitanga – Whanaungatanga – Kotahitanga</small>
<div style="background-color: yellow; border: 1px dashed black; border-radius: 15px; padding: 10px; text-align: center;"> <p>Co-operative Awhiatu</p> </div> <p style="text-align: center;"> We teach and learn together We support others We contribute to the team </p> 	<div style="background-color: lightblue; border: 1px dashed black; border-radius: 15px; padding: 10px; text-align: center;"> <p>Active Learner Kaha ki te ako</p> </div> <p style="text-align: center;"> We think and question We strive to grow our skills We make good choices </p> 	<div style="background-color: lightcoral; border: 1px dashed black; border-radius: 15px; padding: 10px; text-align: center;"> <p>Respect Whakaute</p> </div> <p style="text-align: center;"> We look after our Hauora We consider others We care for community and environment </p> 	<div style="background-color: lightgreen; border: 1px dashed black; border-radius: 15px; padding: 10px; text-align: center;"> <p>Encouraging Aki</p> </div> <p style="text-align: center;"> We have a positive mindset We rise to the challenge We celebrate effort & improvement </p> 

The Board are developing their strategic goals and are asking for feedback from our school whānau. A survey is going out today and we ask that all surveys are returned by Friday 26 May. Completed surveys will go into a draw for one of two Countdown vouchers and the class with the highest percentage of returns will receive a prize.

Thank you for your help with this – we really value your feedback, ngā mihi!



Funky Friday is this Friday – come to school wearing your funkiest outfit and bring a can of food so we can replenish our emergency supplies.

Visitors to the school / Children arriving late to school / Children leaving school early

A reminder that all visitors to school and children who arrive late need to sign in on the tablet at the school office. Please note that it is important that if you are visiting and sign in you must also sign out. This is for Health and Safety reasons.

Children who leave school early for an appointment or go home sick are also required to sign out on the tablet.



Thank you for your help with this!

School C.A.R.E. Assemblies

We will be holding our CARE assembly this Friday 26 May at 10:30am. Parents and whānau are most welcome to attend.

Before and After School Care

Recently we have been asked by a number of families starting at our school if we have Before and After school care. We were approached by sKIDS last year as they were keen to start up at our school if there was enough interest.

Can you please complete the survey below to see if we have the numbers to investigate this further?
Ngā mihi

<https://www.surveymonkey.com/r/M2VJTQM>

Child Sickness Pamphlet

Included with this newsletter is information from Jos Healey our Public Health nurse on winter illnesses.



Happy birthday to Amira whose birthday is this week.

On Tuesday 9th May, four teams of year 5&6 students attended the Primary Schools football tournament at Wainuiomata High School. Our students played 8 back-to-back football games against other Primary Schools in the Wainuiomata area. The students learnt new football skills, practiced sportsmanship and teamwork, while having fun with their peers. Football is a popular game played by students at morning tea and lunchtime, so it was exciting for us to get to play in a tournament representing our school. At the end of the tournament, we had many of our students nominated for spirit of football awards. These students went above and beyond to support everyone, they played hard but fair, and they encouraged everyone to participate. Congratulations to these students and all the students who represented our school.

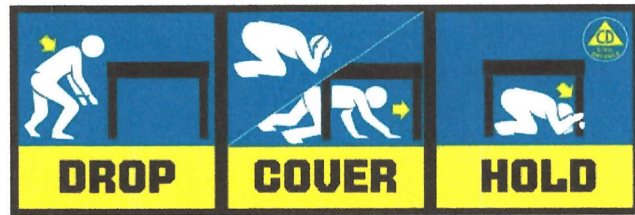


EMERGENCY SUPPLIES

- Water for three days or more
- Non-perishable food (canned or dried)
- Torch(es) & batteries
- Battery powered or wind-up AM/FM radio
- First aid kit
- Medication
- Hand sanitiser
- Toilet paper and large plastic buckets for an emergency toilet
- Dust masks
- Supplies for babies and toddlers
- Supplies for pets
- Work gloves
- Cash
- Copies of important documents

For more information about other survival items you may like to include, contact your council or visit www.getprepared.org.nz

Civil Defence Supplies



Important Dates

- Monday 22nd May – Start of Junior Swimming
- Friday 26th May – Funky Friday

Hei konei ra - Kind regards

Allison Burdon

Allison Burdon
PRINCIPAL

Junior Swimming Timetable @ Huia Pools

Week 5		Monday 22 May	Tuesday 23 May	Wednesday 24 May	Thursday 25 May
Top Pool	12.30 - 1.15	Room 14	Room 14	Room 14	Room 8
	1.15 - 2.00	Room 15	Room 15	Room 15	Room 15
Bottom Pool	12.30 - 1.15	Room 16	Room 16	Room 8	Room 16
	1.15 - 3.00	Room 13	Room 8	Room 13	Room 13

Class at school	Room 8	Room 13	Room 16	Room 14
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Week 6		Monday 29 May	Tuesday 30 May	Wednesday 31 May	Thursday 1 June
Top	12.30 - 1.15	Room 8	Room 14	Room 14	Room 14
	1.15 - 2.00	Room 15	Room 8	Room 15	Room 15
Bottom	12.30 - 1.15	Room 16	Room 16	Room 16	Room 8
	1.15 - 3.00	Room 13	Room 13	Room 13	Room 13

Class at school	Room 14	Room 15	Room 8	Room 16
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Winter Illness

WHAT TO DO IF YOUR CHILD IS SICK

This factsheet explains what to do if your child is sick.

SYMPTOMS

- Cough
- Fever
- Headache
- Muscle aches
- Sore throat
- Runny or stuffy nose
- Fatigue/tiredness
- Nausea, vomiting, diarrhoea

REMEMBER

- Cover coughs and sneezes.
- Wash and dry hands thoroughly and often, to stop the spread of illness.
- Call your doctor to make an appointment, rather than just turning up.
- **Your hospital emergency department is a busy place in winter. Please save it for emergencies only.**

FOR MORE ADVICE

Call Healthline: 0800 611 116
A free, 24/7 service with interpreters available

Visit: kidshealth.org.nz | COVID19.govt.nz

Te Whatu Ora
Health New Zealand

Capital, Coast, Hutt Valley and Wairarapa

March 2023 - Source: kidshealth.org.nz |
Auckland Regional Public Health Service

WHAT TO DO

Most children fight off the infection by themselves and fever is a normal part of this.

If your child is miserable due to fever or aches and pains, you can give paracetamol to make them more comfortable. Follow the dosage instructions on the bottle. It is dangerous to give more than the recommended dose.

Cough and runny or stuffy nose by themselves are not serious.

Give your child regular fluids, and keep them at home and resting. Keep them away from others until they are well to stop the spread.

See your doctor if your child has flu-like symptoms and:

- is less than 3 months old with a fever
- has a long-lasting (chronic) condition such as heart disease, cystic fibrosis or other lung condition, asthma, diabetes, an organ transplant, cancer or leukaemia
- is 3 years or older, has a sore throat and is Māori or Pasifika. They need a swab for strep throat and treatment if positive
- doesn't seem to be improving.

See your doctor **URGENTLY** if your child of any age:

- is drinking less than half of their normal breastmilk or other fluid
- is having fewer than 4 wet nappies in 24 hours
- is severely irritable and is not wanting to be held
- has trouble breathing, has noisy breathing or is breathing fast
- looks very unwell and you are concerned
- has tummy pain, vomiting or diarrhoea and seems sicker than you would expect.

Dial 111 for urgent medical help if your child:

- has blue lips and tongue
- has severe difficulty breathing
- has any episodes of irregular or stopping breathing
- has a worrying rash especially one that does not go away when you press on it
- is unconscious or you can't wake them up properly.

Your child needs a COVID-19 test if they:

- are a household contact of a person with COVID-19 on their Day 3 and Day 7 of self-isolation,
- have been a close contact of someone with COVID-19 and have symptoms.

Please contact Healthline on 0800 611 116 for advice.