WAINUIOMATA PRIMARY SCHOOL NEWSLETTER



Week 1 Term 2 2024

Term 2, Week 2 2024

Dear Parents/Caregivers - Greetings, Kia Ora, Talofa

A big thank you to Miss Hendry, Sophie T, Sophie K, Gemma. Alexander, Rogue and Kaia for taking part in a photo shoot for Furnware to highlight our new classroom furniture. Furnware representatives and the photographer were really impressed with the positive attitude and work ethic everyone displayed. The promotion will be going global, and I will publish the link in an upcoming newsletter when it is released.

Good luck to the senior syndicate students who are participating in the Weetbix Try Challenge at William Jones Park. We look forward to seeing photos of the event

Why participate in TRY CHALLENGE? Building resilience and a balanced hauora are vital for the personal development of our tamariki.

> Sense of achievement Boost self-esteem & confidence Inspire others Personal growth Form positive physical activity habits Connect the school community

We welcome the following students and their whānau to our school : Elisha, Chaundre and Jahziah-Ray



Happy birthday to Alex A whose birthday is this week

School Assembly

Our next school assembly is this Friday 10 May at 10:30am – parents, whānau and caregivers are very welcome to attend.

Junior Swimming Junior swimming starts next week. A separate newsletter will go home today for those children involved.

School Attendance

The importance of school attendance has been highlighted in the news this year and I have included information in previous newsletters.

I know that there is always a tension whether to send your child to school when they are feeling unwell.

I am including a link from the Ministry of Health Te Whatu Ora on "Knowing if your child is well enough to go to school – guidance for parents and caregivers:

https://info.health.nz/pregnancy-children/childhood-conditions/knowing-if-your-child-iswell-enough-to-go-to-school-guidance-for-parents/



Pink Shirt Day

Get your pink shirts ready for Friday 17 May – more details in next week's newsletter. In the lead up to Pink Shirt Day we have been talking to our tamariki on being an everyday upstander.

You may have seen the Pink Shirt Upstander ad on TV.

What is the difference between a bystander and an upstander?

I am also including a chart on the different types of bystanders that we are using in Whakaora.

Bystander

Noun: A person who sees or knows a bullying incident is occurring to someone else. **Upstander**

Noun: A person who uses words and actions that can help someone who is being bullied.

The five Upstander actions

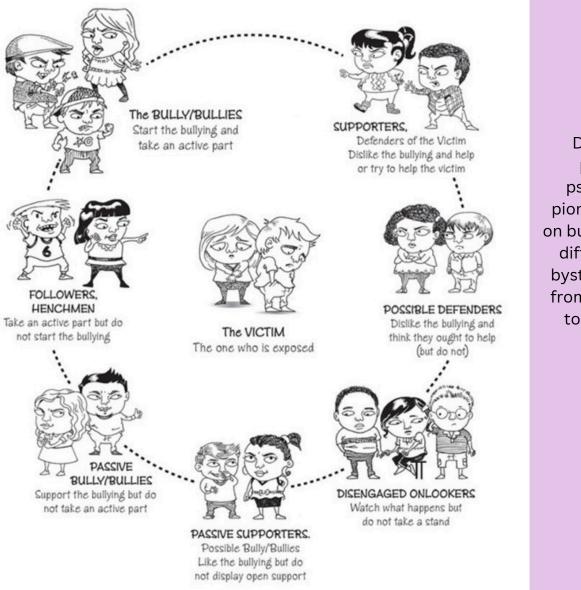
There are a range of helpful actions you can take if you feel safe enough to do so.

- 1. Āwhinatia / Support the person experiencing bullying
 - Awhi the person being bullied, even if you just stand beside them and let them know you've got their back.
 - Encourage them to ask a kaiako/teacher for help or go with them to get help.
 - Give them our <u>Getting Help and Advice</u> page.
 - Let them know they're not alone!

2. Haukotia / Distract

Interrupt the bullying in some way:

- Ask the person experiencing bullying if they want to go for a walk or do something else.
- Help them to leave the situation they're in.
- 3. Karangahia / Call it!
 - If you feel safe to, let the person/people doing the bullying know what they're doing isn't okay.
 - Use your words to show aroha and kindness to those involved.
 - Don't stand by and watch. It can be hard to speak up in the moment, but it can make a huge difference.
- 4. Taihoa ake, ka haumaru / Leave and act
- If you don't feel safe to step in while the bullying is happening:
 - Move away from the situation.
 - Later, let the person experiencing the bullying know you saw and ask what might help.
 - You might want to have a quiet word with the person doing the bullying.
- 5. Tautokohia / Get some other help
- Support the person being bullied to get help from others whānau, kaiako, a trusted adult or a helpline and then act on their advice.



Dan Olweus, a professor of psychology and pioneer of research on bullying, identified different types of bystanders, ranging from the henchmen to the defender.

Science Kits

The past few years we have subscribed to the House of Science to receive Science Kits throughout the year to support our lerning prorgrammes. These kits have been subsidised by the Hutt City Council and funding for these will soon stop. I am including a letter from the House of Science that they have asked me to put in our newsletter.

Curiosity is sparked all over the Hutt Valley when a blue science kit arrives, and the experiments begin. Hutt Science has delivered the House of Science resources to local schools for the last nine years, enabling primary and intermediate children to learn, discover, experiment and delight when rockets go off, when butterflies climb up walls and when crystals grow.

A huge thank you to Hutt City Council and Upper Hutt Council for supporting this amazing initiative, better empowering local kids to learn, preparing their minds to think outside the box, to be curious and to understand basic physics, chemistry, biology and planet earth science.

A recent study from ImpactLab shows that for every dollar invested in House of Science, there is a \$10.20 social impact through improved mental health and better academic outcomes.

House of Science wishes to continue bringing these science kits into schools across the Hutt Valley but with funding from the councils finishing soon, we need your help to allow this to happen. Any amount helps, from donating on the give-a-little page, sponsoring a science kit or partnering at a region-wide level. If you, or someone you know, can help financially then please get in touch by emailing info@houseofscience.nz or check out the supporters' page on the website:

https://houseofscience.nz/supporters/. And here is our give-a-little page:

https://givealittle.co.nz/org/house-of-science-nz



- Wednesday 8th May Weet-bix Try Challenge
- Friday 10th May School Assembly
- Monday 13th May Junior Swimming Starts
- Friday 17th May Pink Shirt Day
- Monday 20th May Junior Swimming Continues
- Tuesday 21st May Tough Girl/ Guy

Hei konei ra - Kind regards

Alloon Burdon

Allison Burdon

Tiaki ana tatou - CARE for all



Mothers Day Raffle Closes this Friday 10th May @ 12pm Please return your money and butts to the office ASAP



The Kid's Lounge are now open in our school hall for before and after school care.

you can email <u>vai@thekidslounge.co.nz</u> or call us 022 355 4434 to discuss your requirements.

Check out their website: www.thekidslounge.co.nz