

Term 1, Week 1 2021

Dear Parents/Caregivers - Greetings, Kia Ora, Talofa

He taonga te mokopuna, kia whāngaia, kia tipu, kia rea
A child is a treasure, to be nurtured, to grow, to flourish

A big welcome back to all our staff, students and to all our new families. I trust you had an enjoyable and relaxing holiday break – it was great to see the settled weather the last few weeks.

We are really looking forward to working with whānau to support our tamariki learning journeys. This year we have two whānau groups Orongorongo and Remutaka. These groupings have a mix of year groups and we are looking at different ways we can work together developing tuakana – teina throughout the school.

We are fully staffed for the year and I would like to welcome the following staff members to our team.

Luke Hudson –Deputy Principal

Samantha (Sam) Sanders – Assistant Principal / SENCo

Sarah Robilliard – Room 6 classroom teacher (Years 3 & 4)

Violet Geradts – Room 16 classroom teacher (Years 1 & 2)

Prue McIvor – Classroom release (Room 16)



Luke Hudson



Sam Sanders



Violet Geradts



Sarah Robilliard

We welcome the following new students to our school:

- Brailee, Amelia, Aryan, Ali, Victoria, Casey, Judah, Jackie, Leo, Lucas, Fynn, Arjun and Eleathia

Listed below is our full staff with their roles and room numbers

Principal: Allison Burdon

Deputy Principal: Luke Hudson

Assistant Principal / SENCo: Sam Sanders

Kaumatua

Papa Sep and Mama Mate

Orongorongo Whānau

- Kylie Chapman (Senior Leader) - Years 1, 2 & 3 - Room 14
- Deb Neho - Years 5 & 6 - Room 7
- Teresa Curran - Years 1 & 2 - Room 13
- Sarah Robilliard - Years 3 & 4 - Room 6

Remutaka Whānau

- Sid Koia (Senior Leader) - Years 4 & 5 - Room 1
- Serena Tahu - Years 3 & 4 - Room 8
- Georgina Kelly – New Entrants - Room 15
- Lisa Ramcharan - Years 5 & 6 - Room 2
- Violet Geradts – Years 1 & 2 - Room 16

Mutukaroa Teacher: Sam Sanders

Teacher Release: Pat Johnston, Irene Noedl and Prue McIvor

Support Staff:

Janet Low – Executive Assistant

Marlene Bell – Receptionist

Alison Nicholas – Classroom support / Library

Debra Adams – Classroom support

Suz Gibb – Classroom support

Rebecca Whitehead – Classroom support

Sheryl Oliver – Classroom support

Miriam Exley – Classroom support / Enviro

Shelley Harrison – Classroom support

Vanessa Brown – Classroom support

Daniel Jones – Caretaker

Our School Day

Bell times are as follows:

- Block 1 - 9:00am - 11:00am (Brain break at 10:00am)
- Read & feed - 11:00am - 11:10am
- Morning Tea Break - 11:10am - 11:30am
- Block 2 - 11:30am - 1:00pm
- Lunch - 1:00pm - 1:10pm
- Lunch Break - 1:10pm - 1:55pm
- Block 3 - 1:50pm – 3:00pm

It is important that your child arrives at school on time as learning begins from 9:00am

Healthy School Lunches

We are really excited to be part of this programme and I am including the information from the Ministry about Healthy School Lunches.

Please note that it is really important to email the school office if your child has any food allergies before 12 noon Thursday 11 February. – admin@wainuiomata.school.nz

We are asking that all students trial the school lunches – teachers will be monitoring their students and will contact whānau if they have any concerns about a child not eating.

Please remember that the lunches will arrive just before lunchtime and tamariki will need to bring food for their morning tea.

Ka Ora, Ka Ako | Healthy School Lunches Programme in Wainuiomata

Introducing Eat My Lunch

We are pleased to inform you that **Eat My Lunch** will be supplying lunches to your tamariki and rangatahi at our eight schools in Wainuiomata, starting from **15th February 2021**.

Eat My Lunch is a social enterprise whose mission includes 'no kiwi kid goes hungry at school', has provided over 1.56 million lunches to students at 77 low-decile schools across Auckland and Wellington through their 'Buy One, Give One' programme.

All students will receive a free lunch everyday they attend school.

Students do not need to bring a lunch to school. Two lunch menu examples show how substantial their lunches are. They can still bring morning tea. **Lunches will be the same at all schools**, however we will be catering for any dietary, allergens or cultural needs that your children may have and there will be no nuts in any of the lunches. **Students will also receive kai when they go on a school trip or sports event.**

Please let your school know as soon as possible if your child has any dietary, allergen or cultural requirements.

Why are we doing this?



The Government had been trialling free lunches to schools in some regions, however due to the Covid-19 pandemic, decided to roll out the Ka Ora, Ka Ako | Healthy School Lunches Programme to schools and kura across Aotearoa / New Zealand. Offering free, healthy and nutritious lunches to students is one way to support families and whānau. It is **universal so all students will receive a lunch every day, they attend school**. Everyone getting a lunch means no student stands out.

Local employment

Eat My Lunch Limited are keen to support local employment. Contact your school for more details.

Environmental Sustainability

Eat My Lunch are responsible for the **whole lunch process from preparing, delivering and removing waste**. Their lunches will be packed in compostable boxes. Any food waste and packaging will be taken away by Eat My Lunch and composted together.

Eat My Lunch will work closely with each of the schools around feedback on food waste and continued menu development to ensure food wastage is minimised.

Further information:

[Eat My Lunch](https://www.education.govt.nz/our-work/overall-strategies-and-policies/wellbeing-in-education/free-and-healthy-school-lunches/)

<https://www.education.govt.nz/our-work/overall-strategies-and-policies/wellbeing-in-education/free-and-healthy-school-lunches/>



Swimming:

Our school swimming programmes start next week Monday 15 February for all year groups.

Years 1 – 3 will be swimming in the school pool and years 4 – 6 at the Wainuiomata Pool. This year we are teaching the Water Skills for Life programme endorsed by Swimming New Zealand and the Ministry of Education. Included at the end of this newsletter is a list of the skills teachers will be working through with their students.

Learning to swim and developing increasing water confidence is part of our Health and Physical Education Curriculum.

We expect all children to bring their togs and participate every day. If your child is unable to swim on a particular day, please provide a written note for their teacher.



Sun Safe:

The wearing of sunhats outside when at school is compulsory during Terms 1 and 4. **All** children and staff are required to wear a sun hat when playing or working outside. Although students are allowed to wear caps we strongly encourage them to wear wide brimmed hats as per Cancer Society guidelines.

We also encourage children to take responsibility for protecting themselves in the sun by wearing appropriate clothing that covers the parts of the body that may get burnt and by using sun screen.

School sunhats are available from the school office for \$10.00 Caps and Bucket Hats for \$12.50.



Road Patrol

A huge thank you to all our road patrol helpers - your support is greatly appreciated. We still need adults to supervise the road patrol children from 8:25am to 9:00am some mornings before school and 2:50pm to 3:05pm. If you can help please contact Luke Hudson at the school.



Breakfast Club

Breakfast Club starts next week. Breakfast Club was very popular last year and was only possible with the help we received from parents and staff. We are also asking for parents to help with this - If you are able to help Monday to Thursday mornings (8:15am to 9:00am) please let Marlene in the office know. A big thank you to all our parents who have volunteered already.

Milk in Schools

Unfortunately Milk in Schools is not available to schools this year as Fonterra is focussing on supporting community groups. Milk in Schools was really popular at our school and we thank Fonterra for providing our tamariki with milk over the past six years



Children's Stationery:



Classroom stationery lists and all stationery needs are available at the office. Please ensure your children have all their stationery as soon as possible.



Happy Birthday

Best wishes to these students whose birthday is this week: - Leo, Rikardo, Riley, Brailee, Judah, Rerekohu, Elijah, Vann, Holly and Eli.

2020 School Dates

- Term 1 – 10 weeks
 - Tuesday 9 February 2021 – Friday 16 April 2021 – *94 half days*
 - Teacher Only Day – Friday 5 February
 - Waitangi Day – Saturday 6 February with public holiday on Monday 8 February
 - Easter - Good Friday - 2 April
 - Easter Monday – 5 April 2021
 - Easter Tuesday – 6 April 2021
 - ANZAC Day falls in the school holidays (25 April 2021)
 - Term 2 – 10 weeks
 - Monday 3 May 2021 – Friday 9 July 2021 – *98 half days*
 - Queen's Birthday – Monday 7 June 2021
 - Term 3 – 10 weeks
 - Monday 26 July 2021 – Friday 1 October 2021 – *100 half days*
 - Term 4 – 10 weeks
 - Monday 18 October 2021 – Friday 17 December 2021 – *88 days*
 - Labour Day – Monday 28 October 2019
- Total Half Days – 384 half days*



Water Skills for Life Programme

It is now accepted that learning to swim in isolation is not enough to save a life and that water safety skills should form the basis of aquatic education.

About: Water Skills for Life was developed for children in Years 1 - 8 to learn water safety.

Based on 27 core skills, it establishes broad fundamental competencies for life-long water safety.

Children learn these skills with Water Skills for Life

Water safety and awareness skills

- Recognise an emergency for yourself or others. Know who to call for help and how
- Know, understand and respect water safety rules, hazards and risks around the home, farm and around pools
- Know, understand and respect water safety rules, hazards and risk in natural environments such as at the beach, offshore, river or lake.
- Know, understand and respect water safety rules, hazards and risks for water activities such as swimming, water sports and boating
- Know how and why to make safe decisions for yourself and others
- Know how to recognise hypothermia and how to treat it

Getting in and out of the water

- Get in and out of the water safely in any environment.
- Perform this sequence with a buddy watching: check the depth of the water, check that the area is safe, jump into deep water, float on back for 1 minute to control breathing, return to edge and exit

Going under the water - Submersion

- Get under water, open eyes and control breathing
- Pick up an object from under the water
- Dive from a horizontal position in the water and move underwater for a slow count to five

Floating on the water - Personal Buoyancy

- Float, then regain feet
- Control breathing while floating on back for at least 1 minute
- Scull head-first and/or scull feet first for at least 3 minutes
- Tread water for at least 3 minutes in deep water
- Perform this sequence in deep water: correctly fit a lifejacket then tread water, scull, float or a mixture for 3 minutes while controlling breathing. Then return to edge and get out of the water
- Perform this sequence for five minutes: signal for help while treading water, sculling, floating, or a mixture, and while controlling breathing



Rolling and turning in the water - Orientation

- Horizontal rotation (front to back and back to front)
- Horizontal to vertical rotation and vice versa (front or back to upright and return)
- Vertical rotation (half rotation and full rotation) around the body's vertical axis

What to do in an emergency - Safety of self and others

- Float and signal for help with and without a flotation aid
- Do a reach rescue and a throw rescue with a buddy
- Perform this sequence: correctly fit a lifejacket, do a step entry into deep water, float in the H.E.L.P. position, then with a couple of buddies or a group form a huddle, return to edge and get out

Moving through the water – Propulsion

- Move 15m non-stop, using any form of propulsion
- Move through the water environments of all kinds (currents, waves, depth – in situ or simulated)
- Move 50m and/or 3 minutes non-stop, confidently and competently – using any form of propulsion on their side, front, back, or a mixture
- Move 100m and/or 5 minutes non-stop, confidently and competently – using any form of propulsion on their side, front, back, or a mixture

Important Dates

- 15th February – School Lunches Start
- 15th February – Swimming Starts
- 19th February – Touch Starts

Hei konei ra - Kind regards

Allison Burdon

Allison Burdon

Yesterday Arakura Primary School welcomed Tute Porter-Samuels as their new principal with a Powhiri. Good Luck Tute we will miss you!!!

